

Coronado Mental Health Practitioners Referral List



Looking For Services?

Emergency/High Risk Care

- Call the National Suicide Prevention Line 9-8-8
- Call the San Diego County Access and Crisis Line at (888) 724-7240. Trained professionals are available 24/7
- Text "HOME" to 741741 to reach a Crisis Counselor, providing access to free, 24/7 support over text.
- If emergency medical care is needed, call 9-1-1 or go to the emergency room of the nearest hospital.

Community Resource Center

- 211 San Diego
 - Website: 211sandiego.org
 - Phone: 2-1-1
 - Email: 211help@211sandiego.org

***Safe Harbor Coronado is NOT a 24-hour service counseling center**

[Active-Duty Military Family Life Counseling \(click here\)](#)

[Coronado Unified School District Military Family Life Counseling \(click here\)](#)

[Safe Harbor Coronado Counseling Services \(click here\)](#)

Private Practice Mental Health Practitioners Referral List:

*To be added to this list please email, info@safeharborcoronado.org

Crystal Bettenhausen-Bubulka, LCSW, MSG			
Phone:	(808) 319-7896		
Email:	info@throughthekaleidoscopewellness.com		
Address:	https://throughthekaleidoscopetherapy.com/		
Population Specialty:	Adults (18+), Military, Older Adults/Geriatric		
Treatment Specialty:	Grief & Loss Counseling, Counseling for Caregivers, Therapy for Military Spouses, End of Life Consultations		
Offers:	Telehealth	Current Fee:	\$165
Insurance:	Aetna, Optum, Alma		

Jada Cade, Psy.D.			
Phone:	(619) 996-3195		
Email:	drjadacade@gmail.com		
Address:	N/A		
Population Specialty:	Children, Teens/Adolescents, Adults		
Treatment Specialty:	Trauma, Anxiety, Couples Work, Eating Disorders, and Performance Enhancement		
Offers:	Telehealth & In Person	Current Fee:	\$250
Insurance:	Many accepted, please call for more information.		

Whitney Gordon, LMHC, LPCC & ATR			
Phone:	(774) 392-1065		
Email:	whitneygordoncounseling@gmail.com		
Address:	Coronado, CA 92118		
Population Specialty:	Adults, Children, Teens/Adolescents		
Treatment Specialty:	Depression, Anxiety, Relationships, Grief/Loss, Occupational Stress, Parenting, Art Therapy		
Offers:	Telehealth	Current Fee:	\$150
Insurance:	Does not accept insurance currently, but accepts sliding scale fees		

Roderick Hall, PH.D.			
Phone:	(619) 437-0440		
Email:	rshallphd@gmail.com		
Address:	1224 10 th St, Suite #208, Coronado, CA 92118 US		
Population Specialty:	Children, Teens/Adolescents, Adults		
Treatment Specialty:	Psychoanalysis (Child & Adult), Psychotherapy (Child & Adult)		
Offers:	Telehealth	Current Fee:	N/A
Insurance:	N/A		

Maha Kabban-Moses, Ph.D.			
Phone:	(619)-770-7192		
Email:	dr.maha.moses@gmail.com		
Address:	1224 10 th St, Suite #201, Coronado, CA 92118 US		
Population Specialty:	Children, Teen/Adolescents, Adults, Older Adults/Geriatrics		
Treatment Specialty:	Anxiety, Depression, Trauma & PTSD		
Offers:	Telehealth	Current Fee:	N/A
Insurance:	All PPOs, Blue Shield, Cigna and Evernorth, MHN Health Net, Medicare, TRICARE, TriWest		

Jessica Morris, MS, LPCC			
Phone:	(619) 459-0162		
Email:	jessicaryanmorris@gmail.com		
Address:	158 C Ave, Coronado, CA 92118 US		
Population Specialty:	Adults, Teens/Adolescents		
Treatment Specialty:	Depression, Anxiety, Relationships, Substance Abuse, Trauma, Disordered Eating, Body-Image, Self-esteem		
Offers:	In Person & Telehealth	Current Fee:	\$130
Insurance:	Aetna, blue cross, blue shield, BXBS federal, Cigna, geha, health net, mental health network/ health net, Magellan/ BS MHSA, Tricare, & Offers Sliding Scale		

Amy Schmidt, LMFT			
Phone:	(619) 737-9118		
Email:	aschmidtmtf@yahoo.com		
Address:	1330 Orange Avenue, Suite 32, Coronado, CA 92118 United States		
Population Specialty:	Adults, Military		
Treatment Specialty:	Depression, Anxiety, Relationships, Grief/Loss, Substance Abuse, Occupational Stress, Parenting, Other		
Offers:	In-person & Telehealth	Current Fee:	\$200
Insurance:	Tricare, Triwest, Compsych		

Cory Stege, LMFT			
Phone:	(619) 432-6892		
Email:	cory.stege@crowntowncounseling.com		
Address:	1339 Orange Ave, Suite #2, Coronado, CA 92118		
Population Specialty:	Adults, Older Adults/Geriatric, Military		
Treatment Specialty:	Depression, Anxiety, Relationships, Grief/Loss, Occupational Stress		
Offers:	In-Person & Telehealth	Current Fee:	\$185
Insurance:	Does not accept insurance currently, but accepts sliding scale fees		

Rika Tanaka, PH.D.			
Phone:	(619) 554-0120		
Email:	info@coronadopsych.com		
Address:	1339 Orange Ave, Suite #2, Coronado, CA 92118 US		
Population Specialty:	Adults (18+)		
Treatment Specialty:	Anxiety / Stress, Depression, Grief/Bereavement, Anger Management, Life Transitions, Health Behavior Changes		
Offers:	In person & Telehealth	Current Fee:	\$275-\$350 / session
Insurance:	N/A, however some may be covered under your PPO		



Briana Turner, LMFT			
Phone:	(619) 435-5400		
Email:	brieanacvmg@gmail.com		
Address:	158 C Ave, , Coronado, CA 92118 United States		
Population Specialty:	Adults, Children, Teens/Adolescents, Military		
Treatment Specialty:	Depression, Anxiety, Relationships, Substance Abuse, Occupational Stress, Parenting		
Offers:	In Person & Telehealth	Current Fee:	\$125
Insurance:	Blue Cross, Blue Shield, Blue Cross Federal, Aetna, Tricare Healthnet, MHN, Cigna, PPO, & Offers Sliding Scale		